Veteran Voices Newsletter

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"For many veterans, healing doesn't end with discharge—it begins there. Tools that support the body's natural ability to restore and rebalance can make all the difference."

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TL;DR

Veterans living with PTSD often face invisible wounds that traditional treatments don't always fully heal. The LifeWave X39 patch offers a non-invasive, drug-free option that supports the body's natural healing through phototherapy. Many veterans report better sleep, reduced anxiety, and emotional relief. While not a cure, it's a promising tool that helps many veterans reclaim balance and hope.

Disclaimer:

Nothing in this article is meant to imply that the X39 phototherapy patch will heal or cure people. God designed the human body to heal itself, given the right conditions for the body to function at its optimal level.

Tom Faust is a Lifewave Brand Partner and may earn commission on the sale of Lifewave products.

Healing Beyond the Battlefield

How the X39 Patch is Giving New Hope to Veterans with PTSD



For many veterans, the war doesn't end when they return home.

It lingers.

In the quiet moments. In the crowded rooms. In the unseen wounds that don't show up on scans but weigh heavy on the soul.

At Veteran Voices, we believe that every veteran deserves tools that help them *thrive*—not just survive. And when something innovative comes along that might ease that invisible burden, we pay attention.

That's where the X39 patch by LifeWave enters the conversation.

What Is the X39 Patch?

It's not a pill. It's not a stimulant. It's not even a supplement.

The X39 is a small, wearable, non-transdermal patch designed to activate your body's natural healing processes using *phototherapy*. Specifically, it stimulates the production of GHK-Cu, a copper peptide associated with wound healing, inflammation reduction, and even improved cognitive function.

Many users report better sleep, less pain, increased energy—and yes, a greater sense of emotional balance.

Why It Matters for Veterans with PTSD

PTSD doesn't have one face. It can look like:

- Trouble sleeping
- Hypervigilance
- Emotional numbness
- Sudden anger or sadness
- Feeling "stuck" in survival mode

For those who have served—especially in high-stress or combat environments—these symptoms can be a daily battle. Traditional therapy and medication can be helpful, but many veterans are seeking holistic, non-invasive support that works *with* the body.

Here's are some real-life stories veterans have shared after trying the X39 patch:

> "Three weeks on X39. PTSD paranoia is gone. I am able to have great family time in public without the fear or paranoia in the background."
> *- Glen L. Posted on Facebook, April '24*

> "[X39] also helped me with PTSD. When I first got home, it was really, really bad. And then for a long time, even up to till I had the patches, it was just hard for me to sleep with—not only with the pain but with reoccurring dreams…"
> *- Daryl S, YouTube video, July '24*

References available upon request.

While individual experiences vary, there's a common thread: veterans are finding relief. And not just physically—but mentally, emotionally, and spiritually.

Hope That Sticks

If you're reading this and wondering if something as simple as a patch could really help—know this:

- You're allowed to explore new ways to feel better.
- You're allowed to hope again.
- You're allowed to reclaim your peace.

Whether you're a veteran seeking healing or someone who supports our nation's heroes, the conversation around tools like X39 is growing. It's not about quick fixes. It's about *quality of life*.

Because every veteran deserves to feel whole again.

Want to Learn More?

If you'd like to hear personal stories of transformation and resilience, check out our podcast, *Veteran Voices: SITREP*[1], where we dive deep into real conversations that matter.

And if you're curious about the X39 patch and how it's being used by veterans across the country, watch this veteran's testimonial video[2] and feel free to reach out privately to tom@veteranvoices.us.

You've carried enough. Let's lighten the load—together

As always, if you have resources or a story to share, please write to us at SITREP@VeteranVoices.us or our physical address at the end of this newsletter.

Thank you for reading!

Veteran Voices: Mission

[1] https://podcast.veteranvoices.us

[2] https://www.youtube.com/watch?v=08LPq2l--GQ

To empower veterans to thrive in civilian life by providing critical resources and support, preventing homelessness through proactive intervention. We're committed to honoring our heroes' service by ensuring their successful transition, one veteran at a time.

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Veteran homelessness is a significant issue that is challenging to solve because of the many emotional and psychological factors that contribute to it. We believe that the best approach is to identify and provide resources that assist veterans in making a smooth transition into civilian life. This will help to prevent veterans from becoming homeless in the first place, following the old adage that "an ounce of prevention is worth a pound of cure."

How You Can Help

If you have resources available to help veterans or have a story of your own to share, we'd love to hear from you! You can contact us at SITREP@VeteranVoices.us.

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Veteran Voices

A Service of Pearl Lane, LLC

12128 N Division St #1520
Spokane, WA, 99218

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www.VeteranVoices.us
SITREP@VeteranVoices.us

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